



Freedom Inside

A National Newsletter For Prisoners
Based on the CWG Material
Issue # 11 February 2003

Happy Valentine!

Freedom Inside
P.O. Box 47007
Phoenix, AZ 85068

Another year has started. Another Valentine's day is upon us.

We have some lovely days that we celebrate. I particularly like Thanksgiving—for obvious reasons—New Year's Eve and Day—that remind us to step back and look at our lives—and Valentine's day when we think of all our loved ones.

Everything in my life is a miracle. This I know without a doubt. Sometimes, though, it takes me a little while to see what the miracle is bringing me.

My sister passed away last New Year's Eve. It was very sudden and quite a shock for all her friends and family.

I was left with this question: what can I take from this? Or stated in a way familiar with CWG readers, what would Love do now?

My answer was immedi-

"Love the One you're with"

ate. Life is not ever about what I do, I've known that for quite a while. Life is about Loving.

I loved my sister dearly and she loved me. We lived our sisterhood well and for that I am very grateful.

After my son passed away last year, I could have chosen to spend my life in pain, in grief. I

understand completely parents who choose this path.

But had I done that, I would have missed out on my sister's last year. This is the gift my sister's passing left me with.

Now she is gone from this life but I am left with many, many people that I love and who love me.

I refuse to miss out on the love I feel for them and the one they feel for me.

There is a song from the 60's, I think, that states you have to "love the one you're with". Although I don't particularly care for the rest of its message, I like this one.

That's what my sister's

passing means to me. I choose to love the person in front of me and not regret the ones who are gone from this life.

God sends us nothing but angels, nothing but miracles. This I believe with everything in me.

Every day is full of opportunities for me to love the people who are showing up.

CWG says to "consider the possibility that you are the angel for whom someone is waiting today".

Imagine that! What a wonder each day can be when we look forward to being an angel for someone!

Happy angel-ing everyone!

Janine

Prayer for the New Year

This prayer is from Marianne Williamson's book, *Illuminata*. I'm sure she will forgive my paraphrasing her prayer for a New Day as I make it for a New Year.

Dear God,

Thank you for this year, its beauty and its light.

Thank You for my chance to begin again.

Free me from the limitations of yesterday.

Today may I be reborn.

May I become more fully a reflection of Your radiance.

Give me strength and compassion and courage and wisdom.

Show me light in myself and others.

May I recognize the good that is available everywhere.

May I be, this year, an instrument of love and healing.

Lead me into gentle pastures.

Give me deep peace that I might serve You most deeply.

Amen

THE SKEPTIC'S CORNER

Why all the Hubbub?

It must seem to you that it is easy for me, the Skeptic, to question everything I see and hear, swimming in my pool of doubt all the while. You might think that all I do is sit around all day thinking up new ways to question old ideas. It may seem that my intention is to throw a wrench into your faith from behind the safety of my dubiousness. I mean here I am, questioning everything and explaining nothing...right?

Until now. Many of you have asked me many questions, and I think its high-time I shared some answers. Let me start by saying that it has never been my intention to throw a wrench into anything, and the last thing I'd ever want to do is disturb anyone's faith. Of those of you who have found faith, I am truly jealous. Not long ago, I was asked a question which, when answered, may shed some light on things. That question was, "You seem the intellectual sort, so why all the hubbub, kid?"

It all started for me in 1986. I was a teenager, and I had been raised Catholic, but something inside of me was unable to make sense of the basic concepts of Christianity. Something didn't seem right. In September of '86, events conspired to change my life forever. I had an experience that could only be considered "paranormal" or "supernatural". Yes, I had personally seen evidence of what some have called the Other Side. And suddenly, everything I'd ever learned about religion and science had been called into question.

To this day, I don't know what happened on that cold September night fifteen years ago. I cannot explain it. I simply do not know how to explain what I experienced. What I do know is that my life has never been the same, and it probably never will be.

Because this article is not the place for me to go into specifics about my experience, suffice it to say that it is something I cannot forget. Deep inside of me there is a need to know the Truth about things. I no longer have the luxury of ignoring those fundamental spiritual questions that have been baffling philosophers for thousands of years. I need to know, and until I find out the Truth about the way things are, I'll feel like I'm going through life with a blindfold over my eyes.

First, I turned to modern science for answers, but unfortunately, there isn't a single scientist on the planet who can tell me what the heck is going on here. So I went back to where I'd started: the church. I redoubled my efforts, but again I found no explanations for what I'd experienced. Then came Easter religions, the beliefs of ancient civilizations, various cults, and what many call new-age literature.

For years, I've searched for my Truth in every crevice of every corner of every belief I've ever been able to find, and after a decade and a half, I still have found no explanations for that which I have personally experienced.

Why all the hubbub, you ask? It's because I'll never be able to be happy in life without knowing why I'm here and the Truth about what's going on here.

It was on that cold night in 1986 that the Skeptic within me was born, and it's because of that same night that these words have been written for you to read. Finding the Truth will not be enough to dismiss the Skeptic from my life; to do that I must fully understand the Truth. What some of you call "hubbub" is, for me, a search for answers. It is a search for a Truth that I have yet to find.

The hubbub of *Freedom Inside* and the Skeptic's Corner has been an invaluable resource for me. Finally, I have a way of connecting with the collective experiences of all of You, my brothers and sisters. It is only through our discussions that I can gain the tremendous advantages of our shared knowledge. It is only through *Freedom Inside* that I can utilize Your power to help me understand Our Truth. So far, You haven't let me down.

Now, I'd like to turn the same question back to all of You. Why all the hubbub? What is it that drives You to read *Freedom Inside*, to further your understanding of Truth and CWG material, and to strive to become the Next Grandest Version of Who You Really Are? Indeed, why bother?

I know you all have Your reasons, and I'd like to know what they are. There's always room in the Mail Bag, so please, write and let Us know.

I'll be waiting...

Respect,

J.M. "The Skeptic"

Arizona

POETRY CORNER

The Epic of Time

Time! Another day learned, completed, stored and gone
 Making it possible for each to move on
 Sometimes each of us showing trite, ravaged and used
 Time! The very created existence of past, present, and future
 Unlike our ethereal existence which never began or ended
 Time! The knowledge added, catalogued, to complete our life plan
 Making rhythmic movements in unison it can
 The all of everything, eternal in purpose, to create Christ-in-man
 Step by step, inch by inch, year by year, eon by eon.
 Time! The experience God gave to each anew
 God's love evermore evident each passing day through
 At times our pleadings—Could there have been a better way?
 Pain! Suffering! And anguish all trials seem easier once done
 Thus, the purpose of the universe to show each their road true
 Time! The conduit of each precious moment and all that takes place
 Time! The ultimate completion of every man, esteemed by God, all that is
 Vacillate each moment—all life—observed and enjoy the taste
 For Gods we are eternal; it is envisioned and true
 Only the illusion for each to envision when through
 The epigram no longer ephemeral but eternal that be true.
 The Epic of Time, you cannot hide or try to evade.
 For Time! God's contract cannot be broken or given in trade
 So, live forever, with euphoria as you create
 For Time, God's gift, non-evasive but straight and true
 The Epic of Time! Thank God for without it
 We'd all be through
 -D. G. from Utah

The *Conversations with God Foundation* offers special services to all of you. If you wish to avail yourself of any of these services whether it be Books For Friends, God's Pen Pals or if you wish to start a Study Group, **please contact the resource person listed below directly** and not through this newsletter

Books For Friends: Providing the ... *With God* books to those who do not have resources or access to them.

Contact Donna Goswick,
 P.O. Box 129,
 Eugene, OR 97440.

God's Pen Pals: Prisoners sharing, exploring and applying the message in the CwG material by corresponding with supportive people 'outside'

Contact Paula Lynam, PMB #141,
 1257 Siskiyou Blvd.,
 Ashland, OR, 97520

Study Groups Inside: In-depth exploration and understanding of how the message can transform lives and experience.

Contact Julia Dekker,
 PMB #1150,
 1257 Siskiyou Blvd,
 Ashland, OR 97520.

Do you have a poem that reflects the message in *Freedom Inside*?

If so, send it in, it just may be chosen for a future

POETRY CORNER

Happy writing!



Freedom Inside
P.O. Box 47007
Phoenix, AZ 85068

Know anyone who would like to receive this newsletter?

Name: _____

Address: _____

Send to : *Freedom inside / subscriptions*
P.O. Box 47007
Phoenix, AZ
USA 85068

DONATIONS

It is my intent to continue sending Freedom Inside to you at no cost. Donations would be gratefully accepted from anyone able to contribute.

*Thank you,
Janine Gutierrez*

P.S. Please make checks or money orders payable to me personally as there soon will be fees involved in keeping a bank account for Freedom Inside